WINTER WORLD MASTERS GAMES • FINLAND 2028

Winter Trail Run · Winter World Masters Games 2028

INVITATION TO COMPETE AND SPORTS INFORMATION

Lahti, 15–16 January 2028 · Version 1, October 2026

1. Welcome to Lahti

The Winter World Masters Games 2028 bring 14 winter sports to Lahti, Heinola and Levi on 14–23 January 2028. Winter Trail Run events will be held in Lahti on 15–16 January, on the Salpausselkä Geopark.

The competitions are organised by the CustomSports Oy. The organizing committee behind the number of national and international trail running events in Lahti region.

The podium is personal. Every age class from 30 to 90+ races for its own medals. Nothing stops us.

2. Organisers

Role	Organisation
Event owner	World Masters Sports (WMS)
Organising committee	Salppuri Oy, Lahti
Competition organiser	CustomSports Oy
Rules and sports governing body	The race rules follow the general rules of WMS, are adapted from established trail running event rules and follows the "Trail Runner's Etiquette".
Technical Delegate	Appointed by organisation
Chief of Competition	Lari Lehtonen
Contact	nothingstopsus@masters2028.com, subject "Winter Trail Run"

3. Venue and a Field of Play

Venue

The competition venue is Lahti Sport Center and Salpausselkä Geopark trail network, located in the heart of the City of Lahti. Venue is next to the WWMG2028 Masters Hub.

Helsinki Airport to Lahti: about 100 km, one hour by train or car.

4. Who can enter

- Anyone can enter, if you are 30 or older on 31 December 2027, born in 1997 or earlier.
- You have your own accident, health and liability insurance, including repatriation, valid in Finland for training and competition. The organiser takes out no insurance for participants.
- You compete at your own risk. By starting, you accept the condition of the lake pool area and the safety measures in place.
- You are responsible for your own fitness to compete. No medical certificate is needed; you confirm your health in the registration.
- Masters compete for themselves. There are no national delegations.
- Participants holding Russian or Belarusian citizenship may attend the Winter World Masters Games 2028 only if they also hold citizenship of another country or are permanent residents of a country other than Russia or Belarus, and they participate individually without using or displaying any Russian or Belarusian flags, symbols, names, abbreviations, colour combinations, anthems, or other national identifiers. This decision has been made by the Local Organising Committee and follows the policies of the Finnish Government and Finnish sports organisations.

5. Age classes

Your age on 31 December 2027 sets your age class. Men and women compete in separate classes, in five-year steps: 30–34 · 35–39 · 40–44 · 45–49 · 50–54 · 55–59 · 60–64 · 65–69 · 70–74 · 75–79 · 80–84 · 85–89 · 90+

Classes will not be combined. The top three of every class receive medals.

6. Winter Trail Run

Competition		Day	Format
5 km Trail run	Sport Center, Lahti	Saturday 15 January	Mass Start
10 km Trail run	Sport Center, Lahti	Saturday 15 January	Mass Start
21 km Trail run	Sport Center, Lahti	Sunday 16 January	Mass Start

Start order.
Starts are staggered by age category. Two or more categories may be combined into the same start wave. The start schedule will be determined by the number of participants and published at a later date. As a general principle, the fastest runners start first. Within each wave, runners self-seed according to their estimated pace.

7. Initial Programme

Day	General Programme in Lahti	Winter Trail Run
Friday 14 January	Opening Ceremony, Lahti · accreditation at the Games Centre	Athletes briefing · Trails open for training in the competition venue
Saturday 15 January		5 km or 10 km
Sunday 16 January		21 km
Sunday 23 January	Lahti Farewell Party at the Games Centre	

- Medals are awarded for top 3 in each age group every evening at the Masters Hub, Lahti Sports & Exhibition Centre.
- Start lists with exact times are published on masters2028.com before the Games.
- Changes for weather or safety are announced at the official information board in Masters Games Centre, Competition Office and on masters2028.com.

9. Training

Salpausselkä Geopark trail network is open for training. Official training day is 14 January. Possible route restrictions for training will be published at the official information board in Masters Games Centre, Competition Office and on masters2028.com.

10. Athlete Information Meeting

Friday 14 January, before the official Opening Ceremony in Lahti Sports Center. The schedule will be announced on masters2028.com.

11. Rules and Security

- The competitions follow the specific rules in the following document based on the General rules of WMS, adapted from established trail running event rules and follow the "Trail Runner's Etiquette".
- Jury of three, presented at the Athlete Information Meeting. The jury may stop a competition or exclude an athlete when health or safety is at risk.
- Mandatory equipment list: see the document of "Rules".
- Pre-race mandatory gear checks are carried out at the race office during bib pick-up.
- Security and service: First Aid according to 1-3 service points on the course depending on the distance. Points will be marked on the route map and announced at the official information board in Masters Games Centre, Competition Office and on masters2028.com. First Aid according to the rules adapted and participant safety policy.
- Protests: Written in English to the competition office within 30 minutes after the competition ends.
- Timing chip: one bib for all individual competitions, collected at the race office with your accreditation.

- Anti-doping: the WMS anti-doping rules and the WADA Code apply.

12. Entry and fees

- Registration opens on 2 November 2026 at masters2028.com. The first week is reserved for pre-registered athletes. Each athlete registers and pays personally online.
- Game entry: 225 € per athlete, VAT 13.5 % included. It covers all distances. There is no fee per competition.
- Included: competition entry with accreditation, welcome package, Opening and Farewell Ceremony, medal ceremonies, timing and results.
- In the Winter Trail Run you choose the distances of 5km/10 km and 21 km (max. two distances).
- Changes to your distances are free until 30 November 2027, then 25 €.
- Late fee +50 € from 1 October 2027. Last-minute fee +100 € from 1 January 2028. Entries close on 14 January 2028.

13. Cancellation

Until 30 June 2027	Full refund minus 50 € admin fee
1 July – 30 November 2027	50 %
From 1 December 2027	No refund
With a doctor's certificate, any time	50 %

Entries cannot be transferred to another person. If the organiser cancels all your sports, 50 % is refunded. The general terms and conditions and the privacy policy on masters2028.com are part of this invitation.

14. Results and medals

Start lists and live results are on masters2028.com. The top three in every class receive medals the same evening at the Masters Hub, Lahti Sports & Exhibition Centre. No flags, no national anthems: masters compete for themselves.

15. Accommodation and travel

Hotels and transport in Lahti are booked through masters2028.com.

16. Coaches and companions

Access to the competition area requires accreditation.

Coaches register as accompanying persons on masters2028.com. Registration for accompanying persons opens in 2027.

17. Contact

nothingstopsus@masters2028.com · subject "Winter Trail Run" · masters2028.com

Changes for organisational, safety or weather reasons are possible;

The version date for this document is: 28 October 2026.

NOTHING STOPS US.
WE ARE MASTERS.